## PRAYER UPDATE

## PHYSICAL ILLNESSES & SURGERIES this past week

**Leslie Douglass** - will be having another procedure at UCSF on 8/4. Pray for no complications so she and her husband, Larry can lead their Bible study at Aegis the following week!

**Steve Glaum** - is at UCSF after having a major heart attack in early June. Even though there has been some recovery lately, he is still in very critical condition. Please continue to lift his wife Janelle and his family up in your prayers.

**Dixie Arns** - had emergency surgery following major hernia surgery. Pray for miraculous healing and peace and comfort for the family.

**Helen Bloomstrand** - had back surgery at Dominican on 7/25. Pray that her pain can be controlled and for complete healing.

**Bola Taylor** - will start a 6 week schedule for outpatient chemo treatments on 8/21. Pray for continual healing and strength, and for her and her family to continue to trust the Lord for all their needs.

**Helen Mitchell, sister of James Parker** - has congestive heart failure and her liver and kidneys are shutting down. Hospice has come in to make her comfortable. Pray the family will be surrounded by God's comfort and presence.

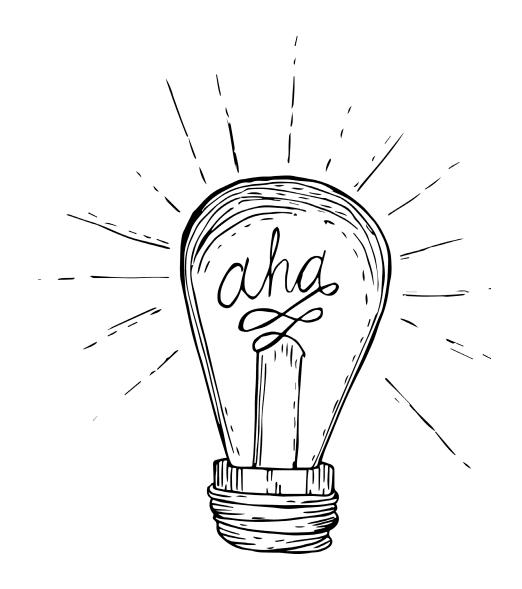
**Jared Hinds** - bone marrow transplant was successful and he will continue treatment for at least another year. Please pray for he and his wife Nadia as they continue the journey.

**Hayden Jilka (8 yrs old)** - Scans show that he is cancer free and this is his last month of treatments! Thank you for your continued prayers.

We would love to visit your loved ones in the hospital. Contact Carrie Clark 465.3368 | care@tlc.org

A complete prayer list is available at the Info Desk.





IF YOU GET NOTHING ELSE...
AUGUST 1 & 2
MARK SPURLOCK

After six days Jesus took Peter, James and John with him and led them up a high mountain, where they were all alone. There he was transfigured before them. His clothes became dazzling white, whiter than anyone in the world could bleach them.

Mark 9:2-3 (See also: Matthew 17:2 & Luke 9:29)

And there appeared before them Elijah and Moses, who were talking with Jesus. Peter said to Jesus, "Rabbi, it is good for us to be here. Let us put up three shelters—one for you, one for Moses and one for Elijah." (He did not know what to say, they were so frightened.)

Mark 9:4-6

Then a cloud appeared and covered them, and a voice came from the cloud: "This is my Son, whom I love. Listen to him!"

Mark 9:7

When the disciples heard this, they fell facedown to the ground, terrified. But Jesus came and touched them. "Get up," he said. "Don't be afraid." *Matthew 17:6-7* 

Suddenly, when they looked around, they no longer saw anyone with them except Jesus.

Mark 9:8

### **NOTES:**

This week's memory verse: "Then a cloud appeared and covered them, and a voice came from the cloud: 'This is my Son, whom I love. Listen to him!'" Mark 9:7

# **DAILY MEDITATIONS**

#### **MONDAY**

Please read Mark 9:1-12. What did you learn about the Transfiguration in last weekend's sermon? What is a one way you can apply last weekend's sermon to your life this week? Thank God today for His power. Thank Him for His love for you. Pray that you will live with a real sense of Jesus Christ's glory and majesty today.

#### **TUESDAY**

Please read Mark 9:2-3 and Revelation 1:17-18. What similarities do you see in these passages? What's different? How could recognizing and remembering Christ's glory impact your daily life? Thank God today for the Bible and the opportunity we have to learn more about Jesus through it. Pray for a heart that is willing to be filled with awe when it comes to The Lord and His glory.

#### **WEDNESDAY**

Please read Matthew 17:6-7, John 14:27 and 1 John 4:18. Why do you think it's possible to understand Jesus' full glory (and in the case of the disciples see it!) and not be fearful? Where are you fearful right now? How could resting in God's love calm those fears? Thank God today that His love is equal to His power. Pray for a heart that rests on God's love instead of fear.

#### **THURSDAY**

Please read Mark 9:7. What does God command the disciples to do in this verse? Why is this so hard for us to do when it comes to God? Out of all the things God the Father could have told the disciples, why do you think He commanded them to listen to His son? Thank God today for His care for you. Talk to Him about your struggles to listen to Jesus. Pray for a heart to study His word and a willingness to listen to Him over your own preferences.

#### **FRIDAY**

Please read Psalm 119:33-34. Carrying on our theme from yesterday, what do these verses teach you about listening to God? How can you build "listening" time into your life? Thank God today for the clarity and encouragement found in His word. Pray for ears to hear His voice and a heart willing to follow Him.

#### **SATURDAY**

Please read John 11:38-44 in preparation for this weekend's sermon. Please pray that God will use our time together at church this weekend to build up our community and to grow each one of us.