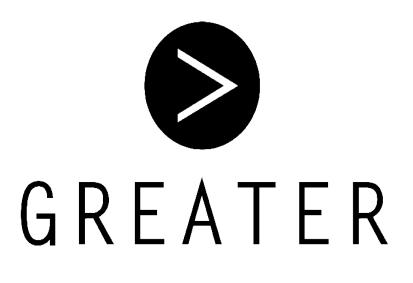
PRAYER UPDATE PHYSICAL ILLNESSES & SURGERIES this past week

Mark and Brenda Hall, our missionaries in Guatemala - Brenda had surgery on January 13th to remove growths in her abdomen. Pray for peace and that they find nothing that is cancerous.

Traci Stengl Ghafferian - had her bone marrow transplant on January 13th at Stanford Hospital. Please continue to lift her up in your prayers as this process is very intense and she continues isolated treatment for several months. Please pray for strength and peace for the family.

Ryan Evans - is still in ICU in the military hospital in Texas. Pray for wisdom for the doctors and peace, strength and comfort for the family.

Dennis Helmle - had surgery on January 12th to repair a tendon in his leg. Pray for healing.



GREATER JOY RENÉ SCHLAEPFER // JANUARY 16 & 17 PHILIPPIANS 4:4-7

BOOK OF PHILIPPIANS

WHO: Apostle Paul to Philippian churchWHERE: Under house arrest in Nero's RomeWHEN: Around 60 A.D.WHY: Last words to encourage friends in PhilippiWHAT: This short letter contains words for "joy" 17 times!

Rejoice in the Lord always. I will say it again: **Rejoice!** Let your gentleness be evident to all. The Lord is near. Philippians 4:4,5 NIV

I have learned the secret of living in every situation... Phil. 4:12

If you would like to minister to a shut-in with a regular visit, or if you'd like us to visit your loved ones in the hospital please contact Carrie Clark 465-3368 | care@tlc.org

A complete prayer list is available at the Info Desk.



DISCIPLINES THAT NURTURE JOY

Don't worry about **anything**... Phil. 4:6a NLT

2.

... instead, pray about **everything**. Tell God what you need... Phil. 4:6b

When you pray, tell God every detail of your needs... Phil. 4:6b

One of the root causes of anxiety is lack of ______ with God. So Paul doesn't just say stop the effect; he says work on the

3.

...and thank him for all he has done. Phil. 4:6c

Give thanks in all things, for this is the will of God for you... 1 Thess. 5:18

He took bread, and **when he had given thanks**, he broke it and gave it to them... Luke 22:19

4.

Finally, brothers and sisters, whatever is **true**, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about **such things**. Phil. 4:8

THE RESULT: ______ THAT COMES FROM A SENSE OF _____.

Then you will experience God's **peace**, which exceeds anything we can understand. His peace will **guard** your hearts and minds as you live in Christ Jesus. Phil. 4:7

I CAN GIVE THANKS THAT:

- I am God's beloved, now and forever (1 Thess 1:4; Col 3:12)
- I have the free gift of complete forgiveness of all my sins extending into forever (Rom 6:23)
- In all things, God will work for the good (Rom 8:28)
- I will receive all the grace I need at all times so that I will abound in every good work God has for me (2 Cor 9:8)
- God will complete the good work he began in me (Phil 1:6)
- $\cdot\,$ I will be raised from the dead and never, ever die again (1 Cor 15:52-53)
- That means someday soon I will see Jesus, be with him (2 Cor 5:8), and be like him (1 Jn 3:2)

.....

• In that day I will know full, undiluted joy (Ps 16:11)

And that's just a small sample!

THIS WEEK'S MEMORY VERSE:

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Philippians $4.6\ \rm NLT$

FOR THIS WEEK'S DAILY MEDITATIONS

For daily devotions during the GREATER series, pick up your free copy of the GREATER booklet at the info desk, or download a free PDF at ${\it tlc.org}$

ACKNOWLEDGEMENTS

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