PRAYER UPDATE

PHYSICAL ILLNESSES & SURGERIES this past week

Traci Stengl Ghaffarian - the doctors released Traci 20 days early and she is now home. She had a bone marrow biopsy done on 4/5 and is awaiting the results on 4/21. Pray for endurance as she has a long road of recovery ahead.

Orville Helmle – he is now with his daughter and on hospice care in Lodi. Pray peace for the family.

Tom Carr - is now home on hospice. Pray for God's peace and comfort for Tom and his wife, Becky.

Ethan Pope (8 yrs old) - has been fighting leukemia for 2 1/2 years and just last week they found cancer cells back in Ethan's blood. Ethan will start another season of chemo. Pray for strength and courage as the family trusts in our sovereign God.

HOME WITH THE LORD

Rob Trumbull - beloved TLCer and Africa-mission enthusiast passed peacefully in his sleep on 4/1 after the last night of camp in South Africa. Please remember his family in your prayers as they grieve this unexpected loss. A celebration of Rob's life will be held April 24th at 1:30 pm in the auditorium with a reception following in Monschke Hall.

PRAYER FOR THOSE IN SERVICE

See photos of those serving our country connected to our TLC family and use the "Military Service Update Card"

Captain Branden McGaha, USMC - deployed on 4/6 to the middle east for a minimum of 6 months. Please pray for wisdom, safety and that he will make a positive influence in his leadership.

Ist Lieutenant Ryan Evans - is having his cyst drained again on his pancreas on 4/14. Pray that he can experience God's peace and the procedure will be completely successful.

US Navy Lt. Cmdr. Timothy Rochholz (Etta Mae Kibby's Grandson) - had elbow surgery on 4/7. Pray for a full recovery. He will be stationed in Naples, Italy in the fall. Pray for his family to adjust to this new assignment.

Jeremiah - has completed his Basic training in the Army. Pray for continued awareness of God's presence in his life and for His constant care.



RISE

INTO FORGIVENESS

RENÉ SCHLAEPFER | APRIL 9 & 10

TRUE OR FALSE QUIZ

Adapted from Rick Warren, "The Amazing Power of Forgiveness"

- **T F** A person should not be forgiven until they ask for it
- **T F** Forgiving includes minimizing the offense and the pain caused
- **T F** Forgiveness includes restoring trust and relationship
- **T** F You haven't really forgiven until you've forgotten the offense
- T F When I see someone hurt, it's my duty to forgive the offender

WHAT FORGIVENESS IS NOT:

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(Jesus s	said) "And when you stand praying, if you hold anything against
anyone,	forgive him" Mark 11:25
lt isn't _	the offense
It isn't _	a relationship without changes
It isn't _	what happened
lt isn't	when I wasn't the one who was hurt

HOW DO I FORGIVE?

1.	RELEASE		
ı.	KELEAJE	·	

Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; **I will repay**," says the Lord. Romans 12:19 NIV

Watch out that no **poisonous root of bitterness** grows up to trouble you, corrupting many. Hebrews 12:15b NLT

2. RESPOND _____

(Jesus said) "But to you who are listening, I say, **do good** to those who hate you, **bless** those who curse you, and **pray for** those who mistreat you." Luke 6:27-28 NIV

Learn to do good. Seek justice. Help the oppressed. Isaiah 1:17a

3. REMEMBER _____

Remember, the Lord forgave you, so **you must forgive others**. Colossians 3:13b NLT

"If you know God's love and forgiveness, then there is a limit to how deeply another person can hurt you. He or she can't touch your real identity, wealth, and significance. The more you rejoice in your own forgiveness, the quicker you will be to forgive others. You are rooted in emotional wealth." – Tim Keller

4. REPEAT _____

Peter asked, "Lord, **how often** should I forgive someone who sins against me? Seven times?" "No," Jesus replied. "Seventy times seven!" Matthew 18:21-22 NLT

5. RESCUE _____

God was in Christ, reconciling the world to himself, no longer counting people's sins against them. And he gave us this wonderful message of reconciliation. So **we are Christ's ambassadors; God is making his appeal through us**. We speak for Christ when we plead, "Come back to God!" 2 Corinthians 5:19 20 NLT

Resources and Acknowledgements:

- Stats and research on forgiveness accessed at http://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/forgiveness/art-20047692
- Points 1 and 2 adapted from Tim Keller, "Serving Each Other Through Forgiveness and Reconciliation"
- · Quotes on forgiveness from Tim Keller, "Reason for God"
- Quiz and explanation adapted from Rick Warren, "The Amazing Power of Forgiveness", Saddleback Church, Jan. 7-8, 2006



Explore what it means to live with hope and power as a "resurrection-focused" person! Get a free RISE daily meditation book in the lobby!

NEXT WEEKEND: RISE ABOVE MYSELF

How can you stop your lifelong self-destructive behavior patterns, whether it's worry, anger, fear, lust, envy, or something else? We'll study one amazing Bible passage with profound answers rooted in the resurrection-life God is giving you! You'll leave with confidence and hope that God can and will change you!

THIS WEEK'S MEMORY VERSE:

Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. Colossians 3:13 NLT