

PRAYER UPDATE

HOME WITH THE LORD

Gayle Okamoto - Gayle stepped into the presence of the Lord on December 15th. Pray for her husband, Richard, son Nicholas and daughter Amanda as they grieve the loss of their loved one. Amanda is a faithful servant in our high school ministry. A celebration of her life will be held on January 6th at 11am in Monschke Hall.

Fred Bourgeois - after a valiant battle with cancer went home to Jesus on December 18th. Please remember his family as they grieve this loss. He was able to talk with his son who is currently deployed right before his passing. A celebration of his life was held on December 29th at Santa Cruz Memorial.

BIRTHS

Kurt and Brittney Carlton - were blessed with the arrival of their daughter Nora Jane born on December 15th, 2016.

If you would like to minister to a shut-in with a regular visit, or if you'd like us to visit your loved ones in the hospital please contact Carrie Clark 465-3368 | care@tlc.org

A complete prayer list is available at the Info Desk.

THE POWER OF HABIT

DEC 31 & JAN 1 | MARK SPURLOCK

HABITS

Four Kinds of Habits

- _____
- _____
- _____
- _____

Three Components of Habits

_____ → _____ → _____

Big Idea: Habits are either _____
or _____.

Do not be deceived: God cannot be mocked. A man reaps what he sows. Galatians 6:7



Four Powerful and Indispensable Habits

1. _____

Let us fix our eyes on Jesus, the author and perfecter of our faith... Hebrews 12:2a

Yes, everything else is worthless when compared with the infinite value of knowing Christ Jesus my Lord.
Philippians 3:8a

2. _____

Then a cloud appeared and covered them, and a voice came from the cloud: "This is my Son, whom I love. Listen to him!" Mark 9:7

Let the message of Christ dwell among you richly...
Colossians 3:16a

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Romans 12:2

3. _____

Jesus often withdrew to lonely places and prayed.
Luke 5:16

Devote yourselves to prayer, being watchful and thankful.
Colossians 4:2

4. _____

And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching. Hebrews 10:24-25

This Week's Sermon Resource:

The Power of Habit, Charles Duhigg, Random House, 2012.

MEMORY VERSE "Do not conform to the pattern of this world, but be transformed by the renewing of your mind." Romans 12:2

DAILY DEVOTIONS

Start the daily devo habit! Text "tlc" to **3444** and get free daily videos every morning!

MONDAY Read Romans 7:15-19. Anyone who has ever been frustrated by trying to stop a habit can relate to these words. How does it encourage you to know that these feelings are universal- that even the Apostle Paul struggled with them? Jesus, thank you for your daily grace for me. Help me turn to you instead of my own ideas and strength to break and start habits.

TUESDAY Read Philippians 3:9, Hebrews 4:15 and 12:2. What do these verses tell you about Jesus? How do these truths about Jesus help you when it comes to breaking and starting habits? Father, I am tired of trying to start and stop habits in my own strength. Help me fix my eyes on Jesus and submit to his work in my life as the author and perfecter of my faith.

WEDNESDAY Read Mark 9:7, Romans 12:2 and Colossians 3:16. We sometimes forget to listen in our relationship with God. The most direct way to listen to Jesus is to read the Bible. What are some habits that lead to the word of God—and especially the gospel—dwelling richly in you? How do you think dwelling on God's word will help you to not be conformed to the pattern of the world (Romans 12:2)? Lord, thank you that I have the opportunity to study your word. Give me love for your word and a desire to listen to you.

THURSDAY Read Luke 5:16, Colossians 4:2 and 1 Peter 5:7. What are your conversations with God typically like? Why do you think Jesus needed to pray? How does talking with God impact you? What would it look like to be devoted to prayer this year? God, thank you for hearing my prayers. Grow in me a devotion to prayer and remind me to turn to you first.

FRIDAY Read Hebrews 10:24-25. Did you have church-going habits when you were younger? If so, have they influenced your relationship with church today? Why do you think the writer of Hebrews singled out the habit of gathering together with other believers as an important habit? How does coming to church impact you? How do you think your presence in church impacts others? Lord, thank you that I live in a place where I'm free to go to church. I want to be part of your body. Help me to grow in the habit of gathering with believers so I can be encouraged and encourage others.

SATURDAY Read Galatians 6:7. Father, I believe your word. I believe that for good or bad, I reap what I sow. Remind of the truth of this when I'm facing a decision moment. Give me a heart that cares more about reaping love, joy, peace, patience, gentleness and self-control than anything else.