

## ALL DAY SATURDAY CONFERENCE SCHEDULE

- 8:30AM** Registration
- 9AM** PLENARY SESSION I  
Michael Fitzgerald, Exec. Dir. El Camino Hospital BHU  
Dr. Susan Auerbach, educator and author on Suicide Loss  
Susan Rueb, President and Founder of B.R.A.I.N.
- 11AM** WORKSHOP SESSIONS I
- 12:15PM** Lunch
- 1PM** PLENARY SESSION II  
Community Panel  
Carrie Luther  
Devin and Veronica Eckhardt
- 2:15PM** WORKSHOP SESSIONS II
- 3:30PM** Conference Concludes

## REGISTRATION & COSTS:

Register & RSVP at [tlc.org/mentalhealth](http://tlc.org/mentalhealth)

### Thursday, October 11

No cost for pre-conference lunch event for Christian Leaders (please RSVP)  
No Cost for The Hub evening event for young adults

### Both Friday and Saturday, October 12-13

Early Registration \$25 by 10/7  
\$35 after 10/7

### Friday Afternoon WORKSHOPS ONLY

Early Registration \$10 by 10/7  
\$15 after 10/7

### Friday Evening

No cost for the event with Ryan Leaf

### Saturday All-Day CONFERENCE ONLY

Early Registration \$20 by 10/7  
\$25 after 10/7  
Lunch included

### SCHOLARSHIPS ARE AVAILABLE

Contact [Carrie@tlc.org](mailto:Carrie@tlc.org) 831.465.3368

TWIN LAKES CHURCH  
2701 CABRILLO COLLEGE DRIVE  
831.465.3300



A COMMUNITY  GATHERING ON  
**Mental Health**  
AT TWIN LAKES CHURCH

OCTOBER 11-13  
[TLC.ORG/MENTALHEALTH](http://TLC.ORG/MENTALHEALTH)



## THURSDAY

12-1:30PM

**Pre-conference lunch event** for pastors, church ministry leaders, and Christian mental health professionals



Featuring Joe Padilla, CEO of Mental Health Grace Alliance speaking on “Solutions for the Church and Mental Health”

**RSVP online by 10/4**

8PM

### JOIN US AT THE HUB

A gathering for young adults (ages 18-29) Mental Health emphasis, featuring testimonials and guest speaker, Joe Padilla



## FRIDAY

2:30 & 4PM

### Mental Health Workshops

- Mental Health Recovery Process
- The Beauty of Mental Illness
- EMDR Therapy
- Addiction Intervention
- Dual Diagnosis
- Anxiety
- Depression
- Lay Counseling

**Presenters:** Joe Padilla, Karen Lansing, Wendy Richardson, Dr. Jill Shannahan, Joe Bishop, Nancy Broxton, Dr. Vanessa De La Cruz

7PM

Special Evening Event with **RYAN LEAF**



Former NFL Quarterback for SD Chargers tells his story from addiction, attempted suicide, and imprisonment to recovery, health and purpose.

Also featuring Pastor René Schlaepfer, Pastor Fred Wilson, Wendy Richardson, Carrie Luther, Andy Rovegno

## SATURDAY

ALL DAY CONFERENCE  
BEGINNING AT **9AM**  
(REGISTRATION OPEN AT **8:30AM**)

**Plenary Sessions, Breakout Workshops, and testimonials (lunch provided)**

### Guest speakers, panel members and teachers:

Dr. Susan Auerbach, Michael Fitzgerald, Dr. Catherine Borchert, René Schlaepfer, Susan Rueb, Veronica and Devin Eckhardt, Carrie Luther, Joe Bishop, Mary Ransom, Jodie Wells, Cherry Maurer, Hugh McCormick, Mari Harrower, Carol Williamson, Andy Rovegno, Nancy Broxton, Elizabeth Landsverk, Ross Loofbourrow, and more!

**Topics include:** Depression, Suicide Prevention, Hospitalization, Anxiety, Lay Counseling, NAMI of Santa Cruz, Addiction, Suicide Survivor Grief Recovery, Bipolar Disorder, Dementia, ADHD, The Family and Mental Health, Brain Injuries and Mental Health, Opioid Addiction, Q&A with speakers, “Right Thinking”, SC Mental Health Advisory Board Q&A, and more.

(see back of brochure for Saturday’s schedule)