

WEEK 6 • GROWING IN KINDNESS RENÉ SCHLAEPFER | OCTOBER 13 & 14

But the fruit of the Spirit is love, joy, peace, patience, **kindness**, goodness, faithfulness, gentleness, and self-control. Galatians 5:22-23a

WHY BE KIND?

• lt's _____

O give thanks to the Lord, for He is good; His **lovingkindness** is everlasting. 1 Chronicles 16:34 NASB ("lovingkindness" describes God 182 times!)

• It's _____

... the **kindness** of God leads you to repentance. Romans 2:4 NASB

• lt's _____

He has told you, O mortal, what is good; and what the Lord requires of you: to do justice, to **love kindness**, and to walk humbly with your God. Micah 6:8

HOW CAN I BE KIND?

1. KIND _____

Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them... Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, **be kind** to each other, tenderhearted, **forgiving one another**, just as God through Christ has forgiven you. Ephesians 4:29,31-32 NLT

Anxiety weighs down the heart, but a **kind word** cheers it up. Proverbs 12:25 NIV

A good man... will rebuke me in **kindness**. Psalm 141:5

2. KIND _____

(Jesus said) "Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, **you did for me**." Matthew 25:40 NIV

"**You** are the light of the world... **Let your light shine** before others in such a way that they may **see your good works**, and glorify your Father who is in heaven." Matthew 5:14a, 16 NASB

What would I do for people if _____ were Christ?

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Whoever is **kind to the poor** lends to the Lord, and he will reward them for what they have done. Proverbs 19:17 NIV

3. KIND _____

Love is patient, love is kind. 1 Corinthians 13:4a

"But **love your enemies, do good to them**, and lend to them without expecting to get anything back. Then your reward will be great, and you will be children of the Most High, because **he is kind** to the ungrateful and wicked. Be merciful, just as your Father is merciful." Luke 6:35-38 NIV

WHERE CAN I FIND THE STRENGTH TO BE KIND?

In God's lavish _____

In response to all God has done for us, let us outdo each other in being helpful and kind to one another and doing good. Hebrews 10:24 LB

NON-RANDOM ACTS OF KINDNESS

SECOND HARVEST FOOD DRIVE

Help us reach one million meals this year! See the envelope in today's bulletin for details

APTOS HIGH STAFF APPRECIATION

We want to give everyone on staff at AHS a goody bag with gift cards, class supplies, snacks, etc. We'll stuff bags Sat. 10/20 at 9AM in Bldg 7000. To donate items, please email Robin@tlc.org

WINTER SHELTER DINNERS

Help serve dinner to those staying in the Winter Shelter on 7th Ave. TLC will "adopt" the shelter for 3 weeks. We need volunteers for 21 different nights! Dates to be announced, but you can sign up today!

PORTABLE SHOWERS FOR HOMELESS

Once a month on Saturday afternoons, help monitor the portable showers made available to the homeless in our area. Showers are set up at Resurrection Church in Aptos. We also need vehicles that can tow the showers from Soquel to Aptos.

LOADS OF LOVE

Drive the LoLo van (with 2 washers and 2 dryers) to a location homeless folks frequent, and help them do their laundry. While you wait, enjoy talking with the clients.

MONTEREY BAY THERAPEUTIC HORSE CENTER

Help clean up the barns, weed, paint, and winterizing the center on Sat. 10/20. If interested, contact paul@tlc.org.

PROJECT PAJAMAS

We are collecting NEW PJS for infants to teens in transitional housing. Drop off in barrel in lobby or help sort and bag on Sat. 10/20 at 9AM in the church lobby.

KINDNESS GRANTS

If your home group has an "act of kindness" idea but no funds to pursue it, e-mail robin@tlc.org to apply for a small "kindness grant". Specify the project and budget.